

Hart County 4-H Hart Beat

November & December 2025

Hart County Extension
Office

505 A.A. Whitman Lane

P.O. Box 367

Munfordville, KY 42765

270-524-2451

4-H Mammoth Cave Area Announcements

The Area Banquet will be Monday, December 15th, at 6:00PM. This will be held at the National Corvette Museum. The cost this year is \$16. Registration to this event is due to the Extension Office by Wednesday, November 26th.

4-H Teen Summit

4-H Summit is a leadership-focused event specifically designed for middle school students (6th - 8th grade). This event aims to equip participants with essential life skills through hands-on, skill-based workshops that align with the Beyond Ready initiative. The Summit will take place on March 12-14 at the West Kentucky 4-H Camp. The cost will be \$165 a person. Please call the Extension Office to sign up.



COUNTRY HAM PROJECT

While it seems like State Fair just happened, it is time to be thinking about the 2026 Country Ham project. The cost this year is \$75 for youth ages 9-18. This is for 2 hams. For adults or cloverbuds interested, the cost is \$50 and that is for 1 ham. This is a great program to get started in. The dates are February 21st, May 9th, and July 25th. Registration deadline is December 8th, 2025. Please call the Hart Extension Office to sign up or if you have any questions.



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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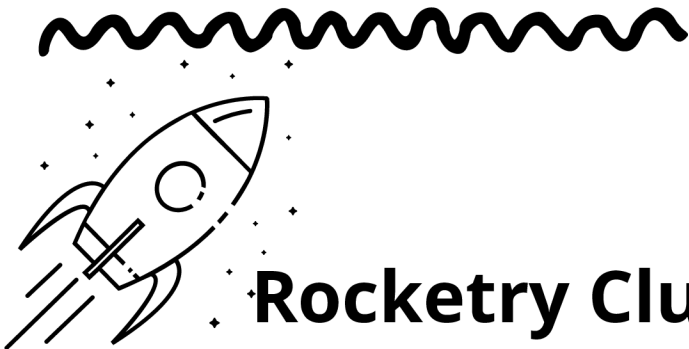


Disabilities
accommodated
with prior notification.

Drone Club

We are currently looking for a leader for the Drone Club. If you are interested please contact the office.

This club will be open to incoming 6th graders & older.



Rocketry Club

Rocketry Club is open to youth in grades 6th-12th.

Monday, November 17th is the next meeting. Meetings are held at the extension office. If you are interested in the club, please come by the office or contact **Cissy Miller, Club Leader**

Quilting with Sheryl

Come learn to quilt with us! Get individualized instruction on your skill level here at the Extension Office. Quilting dates are:
November 17th and 24th
December 2nd, 9th and 15th



Talk Meet/Mock Interviews

February 5th, 2026 @ 5:30 PM
at the Hart County High School

Demonstrations

March 10th, 2026 @ 5:30 PM
at the Hart County High School

Leather Project Order

Cost depends on the kit.

Must come in to order your kit on Tuesday, November 18th from 1-5 pm at the Extension Office.

Leather project dates:

January 6th, 19th, 27th

February 2nd, 10th, 17th, 23rd

Shooting Sports Club

We are looking for a volunteer to take the role of Certified Shooting sports volunteer. Please call the Extension Office with any questions that you might have about it or if you are interested.



4-H SUMMIT

**FIND YOUR SPARK
AND BUILD FRIENDSHIPS**

**March 12–14 at West
Kentucky 4-H Camp**

About Our Event

4-H Summit is a leadership-focused event specifically designed for middle school students (6th - 8th grade). This event aims to equip participants with essential life skills through hands-on, skill-based workshops that align with the Beyond Ready initiative.

JOIN US!

**CONTACT YOUR
COUNTY 4-H AGENT**

Event Highlights

Workshops

Participants engage in interactive sessions that cover a wide range of topics, providing practical skills that are applicable to everyday life.

Discover KY 4-H

Youth will also explore how to get involved in Kentucky 4-H through one of the seven core content areas, gaining a broader understanding of the opportunities available to them.

Service Project

An important aspect of Summit is the community service activity, which emphasizes the importance of giving back to the community.

Social Activities

4-H Summit also includes social activities such as a Pin Exchange, group campfire, cabin life, and REC RAMPAGE, a free activity time designed for fun and interaction.



WEBSITE

extension.ca.uky.edu



Martin-Gatton
College of Agriculture,
Food and Environment

4-H

CLOVERBUD

6 6 6 0

6 6 0 6

Open to Hart County Youth ages 8 and under

Meetings are held 4:30pm-5:30pm at the
Hart County Extension Office

~~September 24th~~

~~October 22nd~~

November 26th

December 23rd

January 28th

February 25th

March 25th

April 22nd

May 27th

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Martin-Gatton
College of Agriculture,
Food and Environment

4-H

COBO COBO

Open to Hart County Youth ages 9-18

Meetings are held 4:00pm-5:00pm at the
Hart County Library in the Community Room

~~August 28th~~
~~September 25th~~
~~October 23rd~~
November 20th
December 18th

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Lexington, KY 40506



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KENTUCKY COOPERATIVE EXTENSION



UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT
KSU COLLEGE OF AGRICULTURE, HEALTH, AND NATURAL RESOURCES

4-H ART CLUB

Youth ages 9 and up

- ~~August 28~~
- ~~September 18~~
- ~~October 23~~
- November 20
- December 18
- January 22
- February 26
- March 26
- April 23
- May 28

3-4 PM

REGISTRATION IS REQUIRED
CALL THE EXTENSION OFFICE
270-524-2451

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KENTUCKY COOPERATIVE EXTENSION



UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT
KSU COLLEGE OF AGRICULTURE, HEALTH, AND NATURAL RESOURCES

4-H CLOVERBUD ART CLUB

Youth ages 8 and under

- ~~August 20~~
- ~~October 15~~
- December 17
- February 18
- April 15

3-4 PM

REGISTRATION IS REQUIRED
CALL THE EXTENSION OFFICE
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Lexington, KY 40506





4-H

CLOVERBUD CLUB

Open to youth
ages 5-8 years old

~~October 8th~~

November 12th

December 10th

January 14th

February 11th

March 11th

April 8th

May 13th



4:30-5:30pm @ the

Hart County Extension Office

Parents must stay with youth during the meeting.



Non-discrimination Policy

The Martin-Gatton College of Agriculture, Food and Environment is an Equal Opportunity Organization with respect to education and employment and authorization to provide research, education information and other services only to individuals and institutions that function without regard to economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity.

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Inquiries regarding compliance with Title VI and Title VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments, Section 504 of the Rehabilitation Act and other related matter should be directed to

Equal Opportunity Office, Martin-Gatton College of Agriculture, Food and Environment, University of Kentucky,
Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546,

the UK Office of Institutional Equity and Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY
40506-0032 or

US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW,
Washington, D.C. 20250-9410

What is 4-H Age?

4-H Age is the age of youth on January 1st of the program year. The 4-H program year runs September 1st-August 31st.

Youth who will be 9 years old on January 1st, 2025 can join 4-H as a junior member on September 1st, 2025.

3-4 Cloverseeds

5-8 Cloverbuds

9-13 Juniors

14-18 Seniors

**The new 4-H Program year starts September 1st!
Remember to fill out a new enrollment form.**

RETURN SERVICE REQUESTED

42765-0367
Munfordville, KY
P.O. Box 367
Hart County

University of Kentucky
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WALLY CAT TROPICAL SMOOTHIE



- $\frac{1}{2}$ cup orange juice
- 6 ounces plain yogurt (Greek or regular)
- 1 cup frozen pineapple
- $\frac{1}{2}$ cup strawberries, fresh or frozen
- 1 banana, sliced

1. Place all ingredients in a blender and blend until smooth.

Makes 2 servings
Serving size: 1 cup

Nutrition facts per serving:
190 calories; 3g total fat;
2g saturated fat; 0g trans fat;
10mg cholesterol; 50mg sodium;
39g total carbohydrate;
4g fiber; 21g total sugars;
0g added sugars;
5g protein.

